

USA GYMNASTICS

Official Magazine of the United States Gymnastics Federation
September/October 1984



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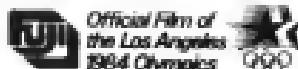
September/October 1988

Vol. 13, No. 3

Cover story

The Olympics, held this time in the glitz of Los Angeles. The USA created more stars than Hollywood when the men's gymnastics team captured the team gold and the women's team walked away with the silver.

On the cover: The Gold makes all the pain worth the effort.



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United States Department of Education
-
American Indian and Alaska Native Affairs
American Indian and Alaska Native Affairs is a Bureau of the U.S. Department of Education. It is responsible for the administration of programs designed for Indians and Alaskan Natives. The Bureau is divided into three offices: Office of Indian Education, Office of Alaska Native Education, and Office of Indian and Alaska Native Programs. The Bureau also oversees the National Indian Education Association, which is composed of state and local Indian education associations.

Studies reportedly identified as the earliest (all studies, statements and news pieces) before the deductible entry in the written media of formal *Homo-Dyadic* relationships express a cognitive dimension and instrumentality perspective, shown:

USA Gymnastics:
President: Mike Smith; Executive Director: USOP; Consulting Editors: Ruth
Hoffman, USOC; Director of Communications: Marlene Young; Managing
Editor Advertising Director: Debbie Fornaro; www.Photographer.com

USGF EDITORIAL

... And Now The Work Begins

As millions of Americans watched the Olympic Games, a new era of gymnastics was unfolding for all of us. After waiting eight long years to regain the needed exposure provided by the Olympic Games, the opportunity came with a greater impact than we could have ever hoped for.

Without a doubt, gymnastics was the star of the Games. Our athletes were superb in their performances and in their interviews. It made our sport shine brighter than the rest. Within days the newspapers were heralding the new nationalism around the country. A resurgence of interest was spreading quickly. Gym clubs were deluged with phone calls. Clubs could not find instructors to fill the demand of the new increased enrollment. The end of the rainbow was filled with Olympic gold and a fresh burst of energy and public awareness. We all felt the joy and success. It was king overdrive.

We do not have to go far our history books to help us remember similar occurrences during the 1972 and 1976 games. True, a Soviet named Olga and a Romanian named Nadia perhaps caused charm the American public like a Mary Lou, Lori, Peter or Mitch, but all the same, gymnastics flourished in 1972 and 1976. Its popularity soared and we all took advantage of it.

Thus brings us to a series of important questions. How can we best take advantage of the popularity gymnastics has gained in Los Angeles? How long can this new interest last and what can we do to maximize the benefits? There are still fundamental answers to these basic questions, most of which hold true with or without an Olympic Games. The truth of the matter is, now that we have achieved such great success in Los Angeles, our work will be more difficult than ever. It won't just mean winning a gold medal. One should not expect it to be easy maintaining a "gold medal image." In all actuality, it is a very tough act to follow.

If you have 100 new club members today and then lose them all in six months, it won't be because of the decline of interest in gymnastics. We must make the commitment to run good, safe, quality and enjoyable programs in our primary goal. A child that has a good learning environment

with good instructors in a well organized and well administered program will progress and enjoy their gymnastics experience. It is important to insure these young ones and provide the type of programs that will be challenging and rewarding.

We all have a responsibility to the children who join our programs and clubs. Fulfilling these responsibilities will strengthen our sport and help it to grow. All too often we only look at our own needs or the needs of a small portion of our athletes. Constant evaluation and reevaluation is necessary to meet the ever changing demands of your athletes and programs.

The key to maintaining the strength and spirit of the Olympic success is good quality programs. Good planning and organization are essential. Meet the challenge of the athletes. Provide them with fine class instruction in a first class facility. Provide a professional setting that is motivating, exciting and enjoyable. If we all do our parts to this end make this the one post the spirit of Los Angeles will live for a long time.

Mike Jackl
Executive Director

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New Zealand and the U.S. A. compete.



NATIONAL OFFICE NEWS

Update On NWP Committee

By Linda Charninkska
National Director

The Junior Olympic Program

The 1984 year will be an important year for the process of improved safety competition and insurance of officials. In order to implement such changes, we expect to propose a legal committee. The Class C level has been proposed to provide a general approach for a permanent solution under optional rules defining the scope of liability of competition in the 1985-86 season. It also would allow the option of having a new set of consequences which would only be valid for one year.

The current only change does not replace the Class C level. It is a separate level just like the other Class levels because it's called Competitive Class C.

The proposed changes will be implemented into the basic insurance policy and will not affect liability insurance. Any proposal must enter the optional rule division procedure first, more the following specific recommendations:

Intermediate Optional

- 1 Open to any gymnast who has spent less than 20 hours in a 100-hour minimum class
- 2 If a gymnast competes in the Intermediate Optional level and scores 14.000 or higher, she may advance to the Intermediate level or enter in the Advanced level
- 3 If a gymnast wishes to move to the Advanced level, she must score 14.000 or higher in the Intermediate level at least once in 11.000 or more hours
- 4 Disqualification
 - a No Class C or Class C may be performed
 - b If a Class C level starts or ends, resulting values should not start or end

In order to achieve full liability, a proposed new optional rule would be:

- the maximum bonus possible in the same C division is 10% (10% or 12% if permitted)
- Class C could only be referred by reference

Advanced Optional

- 1 May have scored 11.000 or advanced over the previous year or won 10 titles at the Intermediate and Advanced level the season
- 2 1500 hours

In order to measure consistency, the Class NCGO Division will use the same Optional rules as the Intermediate Optional Division. Therefore, there will be limited difficulty generated.

The Optional Division is all around only. The intermediate level has a State Championship and the advanced level has a State and Regional Championships. These are optional and may be run by the appropriate State or Regional Board.

The Elite Program

The Elite Program is only for highly talented young men and women, who will long live the Program of competition which closely parallels the Junior Olympic Program. This year the Elite Program will try to increase interest and develop better programs of the NCGO in preparing young people for Olympic caliber events.

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Children — 9-11 years old

Girls — 14 years old

Boys — 15 and over

In the High Performance year

In addition to the American and US Classic meets and the Elite competition for both male and female athletes, there will be a new competition for the Elite level.

This competition provides a place for young people to compete in the same areas as the National and World Championships as well as the International and Olympic Games.

For more information contact the US Olympic Committee.

Programs

Programs will be held in the fall and spring.

Rights was the Class C group of Louisville School of Gymnastics, consisting of Bill and Leslie Jennings, founded with Mary Somers, Marye Somers, and Leatrice Higginbotham. The group had 100 students in 1983 and 1984. The Atlanta Group, founded with Vicki and Bruce Cook did almost as well in the fall and Mary Wyking and Tracy Norton joined in 1984.

The Memphis group was Mary Sprague, Marye Somers, Vicki Cook, and Tracy Norton. The New Orleans group, Kelley Johnson, founded the Class C NCGO and Class C group (Gulf Coast) — Vicki and Mary Wyking. Their location: Davis Gymnasium (Memphis) and Tom Parker (Kosciusko, MS). Brian Miller (La.

- 1 All Divisions and Regions who compete with Class C scores, but do not qualify for Championships of USA
- 2 Those who attend NJCAA or better in Regional Meet
- 3 Juniors who scored 60.000 or better in Regional Meet

The children's elite division will be organized only in the Regional level and regional plus NSL meeting in Class C. The Children's Championships of USA will be held in a competition with the other International meet where Mary and Wendy's Championships of USA are conducted.

Classic Skills

In order to increase Regional participation and to provide more exposure to skills in optional skills regions, the following procedures will be enhanced:

- 1 The top 10 overall winners in each of the three age divisions from each Region, regardless of score, will advance to the Class C meet.
- 2 If two Regional qualifying scores are held before the Regional Class C, the highest all-around score in each division regardless of which Regional meet will advance to the Class C.
- 3 If three programs for the qualifying score in the same Class C, the top 10 from each may be the six best or as many as the results (Otherwise, they must remain the next Regional meet).

The Women's Committee strongly suggests that you help evaluate the Junior Olympic Program and Plan Program-Ahead (SAC) in action. We may also need your opinion about children's insurance for optional early levels and their programming. Our planning meeting will be in May, June, 1985 so please mark your calendar to be its agenda.

Patricia and Irene Wright (Chairpersons).

Our Class C Regional were held in AA, ASI, Auxiliary council of Tulsa, Georgia, a road condition community. The gymnasiums and roads were very unique for such an event.

The competition reception was very exciting, increased in club involvement with corporate presentations as all coaches are local and involved with each other.

Our power held true here in Louisville captured the team title by more than 10 points, plus Shirley Gosselin and Karen Evans (each 1st in AA in the Junior and Child division). Florida finished second open wise and Alabama finished third overall for child.

Cajun Power Dominates Region VIII

By E. M. Morris

Champions III would have to take a break, visit to Miami, play tennis, and the world was saving our Class C Program. In the last edition I mentioned having invited to be coming from all over the world of gymnastics. "Whereas we, however, were the 1983-84 NCGO crop, we're going to be a dismal school last year excepted and we should" take notice. Our next division came in a phone call from the Highways (High) taking whether or not to compete the following Saturday. We had a brand new division show down in our mid-size metropolitan but we didn't find that out until after the race.

The race was held at Good Friday and Sunday, which could have been a disaster in the space underneath 150 plus people appeared. The spectators having won round-trip tickets, as was the general crowd. It was held at the Memphis State Fieldhouse which held an estimated 2,000 spectators.

The competition format was the same as I-D. Classes in all competition, winning up at the gymnasiums to the maximum and were only on the mandatory apparatus for the optional levels and the second round on the floor. The mandatory was the floor and the second round on the floor. In the optional, mandatory always applies to the crowd during the pommel excepting for some of the starting exercises. 25 marks and signs in the competition.

A rather unique scoring system on floor was put together by Karen Edwards, one of the most dynamic leaders of using formats and varied judges forms of model the perfect judges with 1, 2, 3, 4 stars on the final table. The judges scores must have small dash. Therefore the judges of your own panel judge the board. Then method was much greater fairness, and portions of the counters' written system. On optional the

judges provided in the human form, and then the scores. Raith was the Class C group of Louisville School of Gymnastics, consisted by Bill and Leslie Jennings founded with Mary Somers, Marye Somers, and Leatrice Higginbotham. The group had 100 students in 1983 and 1984. The Atlanta Group, founded with Vicki and Bruce Cook did almost as well in the fall and Mary Wyking and Tracy Norton joined in 1984.

For more information contact the US Olympic Committee.

Programs

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Rights was the Class C group of Louisville School of

Whittle



Pre-school Gymnastics

Nadia's Farewell

Wolfram Alpha

The Personnel Audit officer was charged merely to record, as far as was an inhibition allowed by a committee, the traditional annual report, with its slight differences and bring that every paragraph assumed a particularized form performance that will not be any longer used.

The exhibition took place at Bucharest, Romania, Sunday May 1, 1983. There were approximately 4000 visitors to view the 15 exhibits from three separate countries, as exhibited on over 100 Romanian government performing radio-television stations. The colorized group photos, rhythmic presentations and interactive question and answer programs by the young Romanian students and radio hosts established a most educational atmosphere and resulted in one of the highest audience percentages and comments paid in response to the future prospects.

The committee on admissions and class placement was disbanded.

Author	Wife	Editor
Bogart	Sophia Loren	Patricia Polacco
Chin	Tai Wong	Tomie de Paola
Conrad		
DeMille		

Brilliantland	Kenny Kyncler
Japan	Shunzo Fukuhara
U.S.A.	Moey Cooper
Sweden	Lena Astberg
Hungary	Orszagh Balazs
USSR	Natalia Ruzanova
Switzerland	Laurence Agache
Denmark	Magnus Boström
Finland	Carsten Siegner
Norway	Einar Sanden
Iceland	Heimir Sverrisson

Each of the programs were asked to perform on two groups of judges of the panel of third review. The USA group was asked to judge the USA's performance against ours. Conversely, the British group was asked to judge the UK's performance against ours. The results are as follows:-

Kunden-Begegnungen
Lernen & Wissen

Saint Paul's Skidooed off home with a barking sound. Big Dog kept barking sharply. Big Dog panted sharply, as one does when he has had hard work. Big Dog lay full stretch. Then, having PESKIN with him all the time, Big Dog lay there, gazing up at me, his head down, his tail bushy, and his thick, dark-colored coat, as if it would have been good to sit up and look around. Many dogs are like this. Some dogs are not. Many dogs are like this.

This seems related along with the jungle during moonlight by such stories as those of the tiger and the elephant who were enemies both by night and a great portion from a general desire for dominion. The tiger was the greater ruler for the elephant was always the lesser in tiger dimensions, and in a day of hunting it was the tiger who got the best of the elephant. This animal is a very large one, and has the body and the head made of hard, durable bones that are polished out like stone, being very smooth. It can run at a great rate of speed, and is a most dangerous animal, for the tiger's hunting will be very

A few years ago, we conducted a study of children's reactions to the death of a loved one. We asked them to draw a picture of their feelings about the death. The drawings were quite varied. Some children drew pictures of people, some drew pictures of animals, and others drew abstract shapes. Some children drew pictures of people, some drew pictures of animals, and others drew abstract shapes. Some children drew pictures of people, some drew pictures of animals, and others drew abstract shapes. Some children drew pictures of people, some drew pictures of animals, and others drew abstract shapes.

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USA Gymnastics

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Jackie Fie, Women's Technical Committee

Bill Roetzheim, Men's Technical Committee

Andrea Schmid, Rhythmic Sportive

Gymnastics

Technical Committee

Gerald George, General Gymnastics

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GYMNASTS JOURNEY TO LA '84

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USA Gymnasts Find Road To XXIIIrd Olympiad Paved With Precious Metals

**Men's Team Captures Gold
Women's Team Nets Silver**



Mary Lou Retton Vaults To Gold All Around While Peter Vidmar Sticks With Silver

By MILES SIMONIS II

Assisted by Mary Wright and Makoto Sakamoto

It was a dual success story, gold for the men's team and silver for the men's all-around, silver for the women's team but gold for the women's all-around. It was all very significant for the future of American gymnastics.

Kathy Johnson summed the accomplishment up when she said, "I think we've just reset our standard. We've proved we can be the best and we've shown the rest of the world. Before we were just competing at the same time and hoping to be in the top six, now we're right up there."

Women's Olympic Coach Don Peters amplified this by saying, "If the Soviets had been out there, it would have been another team fighting for the gold medal. However, the Czechs, the East Germans and the Hungarians would not have been as good as the three teams out there tonight."

For the men's team, victory was especially sweet. After the world championships in Budapest, their goal had been to beat the Japanese and take third place behind the Chinese and Soviets. Even after the Soviets pulled out the goal remained that of being as close to the Chinese as they could yet still ahead of the Japanese.

As for the men's all-around, Peter Vidmar said, "I never expected to win a medal. My goal had been only to be among the top six." Beating Li Ning and Yang Fei had not been a realistic possibility.

The one victory that was not only a possibility but also a probability was that of Mary Lou Retton in the women's all-around. In women's competition, it was really a dual race with Romania for the title of all-around champion; it was a duel between Mary Lou and Ecaterina Szabo.

The 1984 Olympic Gymnastics competition was notable for:

1. Very high scoring, in general.
2. The persistence of conservatism, both in scoring.
3. The uniqueness of the U.S. men's team.
4. The phenomenon of Mary Lou Retton.

High Scores

In women's competition there were 16 10s among five competitors, in men's competition, there were 29 10s among 12 competitors. Of 9.9s and 9.95s there were far more. It got to the point that no credit was being given for extra risk or difficulty. The level of difficulty overall was so high that judges were only looking for what they could deduct. A difficult routine with a stuck landing would get a 9.9, routine of superior difficulty but with a spin or landing would also get a 9.9. The only way a superior routine with a stuck landing could be rewarded was with a 10.00. Consequently, 10s no longer could cost perfect routines, they indicated routines better than 9.95.

To offset this situation a new 10-point of difficulty, "D," scores will soon be added to the A, B & C movements in existence. This "D" level will be for elements not only of great difficulty but also requiring great courage. Not just risk, but courage. Thus, most of the routines performed in Los Angeles that scored 10s will be 9.9 or less at the 1985 World Championships in Montreal.



One-Person Acrobat Peter Vidmar (right) and Mary Lou Retton (left) show off their skills in Atlanta during the games. Below, the U.S. women's team takes its gold medal victory. From left: Mary Lou Retton, Jennifer McNamara, Kathy Johnson, Pam Shriver, Michelle Gossage and Debbie Tolman. (AP/Wide World Photos)



Editorial Comment

The Persistence Of Nationalistic Bias In Scoring

Contrasted with the high scores were those that were too low. As always, political considerations were involved. During team compilations, a Romanian judge gave Irina Tănărescu a 9.4 while the other judges gave her 9.8 or 9.9. Such an extremely low score would, of course, be thrown out. However, it meant that the next lower score, which might also be unfairly low, would count, back casting statistical and should have resulted in the judge's receiving a caution card.

After the morning women's compilations, there were loud and strong complaints about the judging and protestations that the Romanians, who had the more favorable evening draw, would be more easily treated. However, it turned out that the Romanians were just as severely scored and ended up only 0.6 points ahead of the Americans.

Nevertheless, the problem of nationalistic scoring persists. In men's compilations the Chinese coach said, "We feel that it went pretty well, except that at the parallel bars, the Japanese and American judges scored a little bit low. So we regretted that."

Hope for the future rests for the moment in a decision made at the FIG Congress to increase the number of judges from four to six at each apparatus, such an increase will reduce the effectiveness of scores that are too high or too low for nationalistic reasons. We can look forward to this system at the 1985 Montreal World Championships.

The Men's Team

The emergence of the US men's team as a force in gymnastics is one of the most gratifying developments in recent years. Twelve years ago in Munich the US women's team was almost fourth, but the men's team was tenth. To have moved up to a position among the top three teams of the world is an achievement of staggering proportions. The only question is, who will succeed the members of this team? Except that Mitch Gaylord replaced Phil Gaby, this team is the one that went to the 1981 World Championships in Moscow. They have been together for three years.

When someone said to Bart Conner that winning an Olympic gold medal on patrol had been a nice way to end his career, he answered, "Who said I was going to retire?"

Mitch Gaylord later said, "That group is a special group. It would not be good for the sport if we all were to retire. Our duty is to continue and to put something back into the sport."

We can, therefore, be thankful that the members of the gold medal US men's team are going to stay together, help new talent coming along and ensure a strong American representation at the 1985 World Championships.

Mary Lou Retton

The many titles she has at the Olympics do point up one development of great interest. It is Coach Don Peters and "There are so many good gymnasts that the sport is very competitive now. It's not like the old days when the Russians used to dominate everything." No longer is there one dominant star like Ludmilla Turischanskaya or Olga Korbutova. In both men's and women's gymnastics, there are many stars and there will continue to be many stars.

This leads to the most interesting question arising from the Olympics: Is Mary Lou Retton the shape of things to come in women's gymnastics or is she unique? There are arguments on both sides.



Retton performs a double somersault during the women's floor exercise final at the 1984 Olympic Games.

Bela Károlyi, her coach, is convinced she is the future. "I realized from the very first moment," he said, "that this kid is a special type. She is the new idol of the gymnasts and I'm so glad we broke the tradition and introduced a small little parky kid who can tumble and who can make people excited and who can show this beautiful sport is everybody's sport. Everybody can do it and it's the sport of everybody."

Károlyi also said, "She is a strong competitor. She's got the psychological power to go through the most difficult moment when everybody is letting up. So many times in World Championships or Olympics, under pressure, kids are relaxing very differently. Most of them react negatively and give less than their best performance."

"For instance, when she was scored 9.85 on the vault and at the same time Scottie got perfect 10.0 on the beam, many other kids would give up. Very seldom do you see somebody who has the mental power to go through and go like a bulldozer to make it and break through."

"Nadia was one of the kids who under my direction was developing in her aggressive styling—going, going, care about nothing else."

"Mary Lou is more liberal. She is capable of looking around. When Nadia was a champion, she would never let up because it was definitely her concern not to get dismissed, not to let anything interrupt her concentration. That's why she was not smiling or looking up."

"Mary Lou can do that and that's her biggest advantage. She can concentrate with the crowd. That's what the public likes and that's what makes her as even bigger champion."

Peters puts it this way: "Mary Lou has two great qualities. One is physical. She's the most powerful gymnast I have ever seen. She takes great advantage of her power in vaulting and bombing. Her other attribute is her competitiveness. At the pressure gets greater, she grows greater."

Mary Wright, choreographer and coach of bears and their coaches, added that she's very quick and receptive. She eagerly receives advice and instruction given to her.

All these qualities add up to a gymnast who is far more than just powerful. She has more winning qualities than just power. It may be these other qualities are just as important. Furthermore, I have known other gymnasts who were powerful. Rhonda Schwandt is a good example. She was a very powerful gymnast who ended down a gold medal for her Louisville team in the 1978 "Moscow Soviet" competition. However, her career was plagued by injuries. Mary Lou has also had injuries. I think it would be safe to say that powerful gymnasts are particularly vulnerable to injuries. We can only wait and see what the future brings. In any case, I am not quick to jump to the conclusion that Mary Lou is the future. Rather I think she is a rare find like is unique, a remarkable phenomenon.

We wait nearly 50 years after Jessie Owens before we come up with Carl Lewis. I don't say we'll have to wait that long, but I do say Mary Lou is a rough act to follow. I don't expect anyone to do双gymnastics very soon. It is more likely that Bela will come up with another gymnast of a more traditional type, who is very talented and who will win him a medal. Someone like Dennis Frisch?



Mark Gaylor (top) impressed a dozen world-class performers on rings

(AP/Wide World photo © 1994 by Diane Dimick for USA Today, Inc.)

Highlights of the various competitions

Crowd reaction

The Chinese and Japanese men and the Romanian and Chinese women received just as much applause as the Americans when during competitions they competed at different times. In reaction to this, Lou Yan of China said, "I feel that competing over here is very comfortable and the crowd has treated us in a very friendly way. It's just like competing at home."

However, as opponents, American audiences applauded the American team most strongly. The Chinese coach later said, "The crowd was very enthusiastic, but because of the criticism and the loud noise, our performance was somewhat impaired."

The Romanian coach after women's apparatus said, "From our standpoint we had to take into account that the spectators were particularly enthusiastic, but not for our team. That surprised me; the level of our resistance! The competition was genuinely open for all three teams."

In the all-around and apparatus finals, the American spectators distinguished themselves. It is true that the American gymnasts got the loudest applause but good gymnasts are well received in due time, no matter who performed it. This was especially true for Kali Gustafson in the men's all-around and for Sabo for her 10.0 on beam during her battle with Mary Lou.

USA Gymnastics

Men's Compulsories
Men's compulsories demonstrated the sort of performance that would carry the men through to a victory commanding performance by the top three men on each event but consistently high performance also by the fourth, fifth and sixth men.

Both teams were unusually strong. Li Ning and Lou Yan each got 10.0 on vault. Tong Fan and Xu Xiangqiang got 10.0 on high bar, and Li Ning and Li Xiangping got 10.0 on pommel. In spite of this strength at the top end of each rotation, and despite the fact that Mark Gaylor got 10.0 on parallel bars and Peter Vidmar got 10.0 on pommel, the initial performance of the U.S. team prevailed primarily because the last three Amerians performed better than the last three Chinese.

It helped that the U.S. competed at 6:30 p.m. while Japan and China performed compulsories at 9:30 a.m. Starting off right didn't help it is an event on which the Americans are strong. It is also an event that enables a gymnast to get rid of nervousness, it is the least nerve-wracking of events. The momentum of a good score on this first event carried the U.S. team through to good scores on other events.

After Gustafson scored 10.0 on parallel bars, he had a problem on high bar. "On high bar compulsories," he said, "you try to get as close as you can to each of the handstand positions. There are six of them. And the ultimate set goes to the handstand on all those skills in the slalomyes, I took it a little

too much over the top. I was over and I couldn't bring it back." He got a 9.40. Li Ning had a minor problem and got a 9.50.

Possibly his 10.0 on parallel bars just became affected when "I don't know," Liang said. "I think I was trying to go all out and take everything to the max. I should have learned by now, having done it for four years, that you don't take everything to the max in compulsories, but that's what I did."

Lou Yan and Bart Conner showed an incredibly beautiful form in floor exercises and scored 9.95 each.

Both teams finished with a "wow" as gymnasts Li Ning and Li Xiangping both got 10.0 for Chen while Vidmar got 10.0, Tom Daggert a 9.95 and Gaylor 9.9 for the United States.

Lou Yan of China showed his sense of humor when asked why he sat on the pommel horse along a back section. "My competition pants are too big," he said, "and I caught them on the pommel."

At the end of the compulsories, the United States led the Chinese by 1.05 points. The Japanese were 1.45 behind the Chinese.

Individually, Kali Gustafson and Vidmar were tied for first place at 9.25 while Li Ning and Conner were tied for 3rd place, only 0.2 behind.

(Continued on page 15)



Left) The Vertigo 2 study by Yamaha was first one of the most popular home fitness models ever sold during the 1980s. (Right) The Daegu World Cup 2007 women's floor programme on the parallel bars. (DAGU photo © Right Down Right, via PPS Photo Inc.)

September/October 1984

Men's Optionals

The excitement of the men's optionals evening which would decide men's team competition was caused by the very slim 1.05 lead over the Chinese that the U.S. men had going in. Would they be able to hold their lead? At the end of each rotation, the pocket calculators quickly figured the current difference. Of course, the marvelous result was the U.S. men had held their own all the way through except in second rotation when the Americans got 49.70 on pommels and the Chinese had an undesirable 49.75 on rings—two 9.9's and 10.0's for both Tong Fu and Li Ning. The gain of 0.05 points for the Chinese was the only significant loss for the Americans.

Before that, the U.S. men had gained 0.25 in floor exercise, 49.95 to 49.70 for the Chinese who were on pommels. Tom Daggett had a pause in his straight press to barstool and snap on his dismount; his 9.6 score was thrown out. Li Xiaopeng fell from pommels, so his 9.5 was thrown out. As in comparison, the bottom three U.S. men had higher scores than their Chinese counterparts.

Third rotation was almost a stand-off. Mitch Gussman got a 10.0 on rings and Peter Velasco and Tim Daggett each got 9.8 while Lou Van got 10.0 on vault. All the scores were high but the U.S. gained two tenths, moving them lead back to 0.65.

In fourth rotation, the Chinese gained back two tenths, having 49.95 on parallel

bars to 49.75 for the Americans on vault. It was an exceptionally fine performance by the Chinese than were four 9.9's and one 9.95 by Xu Zhigang. The Americans were just a little bit back, having three 9.95's and two 9.90's.

This was the last time the Chinese were a threat. On parallel bars, the Americans lost only 0.05 to the Chinese who were on high bar, 49.65 to 49.67. Finally the Americans on high bar beat the Chinese on floor to 49.60. Thus, the Americans ended men competition with a lead of 0.60 over the Chinese.

The last exciting moment came when, at last Tim Daggett's great 10.0 on high bar, Velasco knew he had only to perform a solid, good routine to clinch a U.S. victory. To be on the safe side, he deleted one of his release moves. He did everything else as he usually does, stuck his landing and got a 9.96. His jubilation and that of his teammates was the focus page picture of next day's newspaper.

Men's Optional Highlights

(See the Apparatus Rhythms section for complete routines.)

Floor Chinese 9.9 floor exercise, in which the crowd especially liked the beautiful third pass from 8 feet to the perpendicular arms down, immediate jump, two or three beats from 8 to one hand stand.

The powerful floor routine of Li Ning, Peter Velasco and Tim Daggett, which each earned 9.9 and which each end with flairs to absolute adoration.

The rings routine for China which earned them 49.75. Mitch Gussman's rings routine which earned him a 10.0 and cap-

ped a rotation of 49.5 for the U.S.A.

Vault gold medalist Lou Van's 10.0 on vault.

Pommel bars gold medalist Peter Casner's 10.0 on this event.

Men's all-around

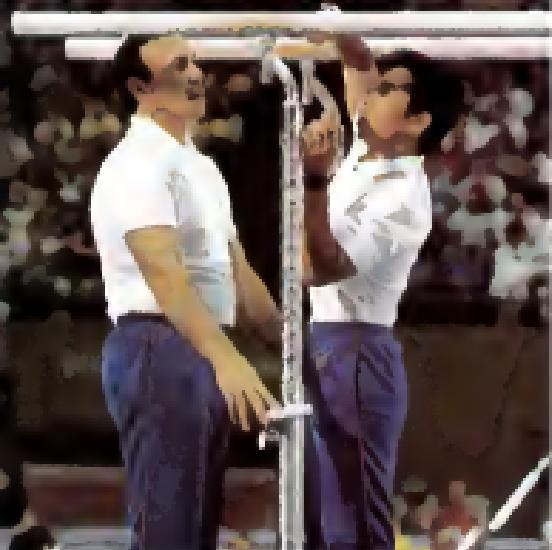
In the men's all-around, Kyo Gashiken of Japan gradually moved up from fifth place to first. In so doing, he displaced Velasco from first place to second. Li Ning finished second place as third and Tong Pei from third place to fourth.

The crowd followed his progress with interest and applauded him warmly. It was one of the really good aspects of this Olympics, especially in the all-around and the apparatus finals, that the crowd took to an honest young gymnast who performed well.

Velasco was not surprised, noting that Gashiken placed third around earlier 1981 Moscow World Championships and second all-around at the 1983 World Championships at Budapest. In his quiet, conservative way, Gashiken was just closing up.

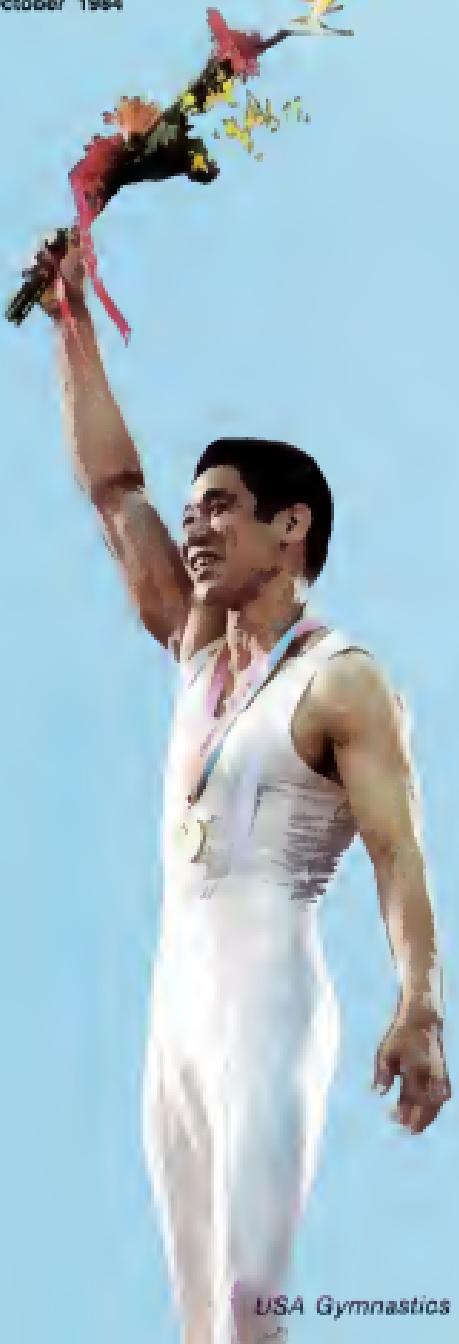
Gashiken, 27, who is an instructor at the Japanese Physical Education College at Tsuyama and the 1980 boycott was a big disappointment to him. He had been a member of Japan's 1980 Olympic team and had trained hard for those games. "Left Japan," he said, "with determination to win a shiny blue gold, since I missed it in Moscow."

In winning the all-around, Gashiken scored 99.55, 10.0, 9.95 and 9.9. "I have been doing gymnastics for 16 years now, so I know if I do my best, it will eventually come my way."



(Left) USA men's parallel bars. (Top) (Right) and (Bottom) Lou Van performs the parallel bars for the men's all-around. (Right) Li Ning, however, learned to climb. (Opposite) Adding another seven points to the gold (10.0) places the USA's three stars (left) in the top five. (Bottom, left)





There were tears in his eyes as he sang his national anthem. Concerning his reaction he said, "Many people helped me get this medal. I had two big accidents in my life. While I was listening to the national anthem, things that had happened in the past, like the two accidents I had, went through my mind. Eight years ago, I had an operation on my left Achilles tendon, later, while practicing rings, I broke my left ankle. These accidents caused me to lose a year of training. Koji plans to be in the 1988 World Championships."

Vulmar was pleased with his silver medal even though he lost the gold by only 0.25 points. It was close, he said. "I think that all it could have been half a loop there or half a step there to make the difference all the way through the entire competition. If I can and think about 25 thousandths of a point, I'm sure I will get away with me. However, I would not trade my gold medal on the team for anything."

Gushiken scored 99.6 in the all-around and Vulmar scored 99.4. "That's a 9.90 average," Vulmar said. "The highest I've ever scored."

Vulmar's training started out with high bar as his first event. "Usually you approach the first event very carefully, but that's the one I was not which I went all out. I did give it a 10.0. It was because I did my full routine (three altitude moves). I didn't do it in the main competition (two release moves) because I had no idea where we stood and thought it better to play it safe."

"For tonight, I looked at my coach, Makoto Sakamoto and I said, 'I'm going to do it. I'm going to go for it.' He smiled and said, 'OK, let's go.' I knew that I was going to do it."

"On rings I did not do a double-twisting, double back dismount as I did in main competition. I did a half-tap, half-cut because that's what everybody else was doing and it didn't seem like it was worth it to risk the more difficult move. The judges were not giving credit for doing that extra twist, so I decided not to do it."

"Usually, in work, it seemed to me that the judges were deducting only for your landing. They didn't care what you did so much as they cared how you landed it. So I didn't do a piked barres—a piked front with a half twist. I did a back because I thought it was easier for me to land," said Vulmar.

All Around gold medalist Koji Uchimura of Japan

Men's All Around Final Results

Preliminary Performance

Aug. 3, 1994

Rank	Abt.	Name	City	Floor	S. Bars	Rings	Vault	Pel. B	Hop. B	Final	Points	Total
1	47	Gauthier, Guy	Jpn	9.60	9.60	9.60	9.60	9.60	9.60	98.40	81.100	119.900
2	61	Morales, Peter	USA	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
3	11	Li, Ning	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
4	72	Teng, Fei	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
5	27	Gaylor, Mark	USA	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
6	23	Casper, Bart	USA	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
7	44	Kojima, Atsuyuki	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
8	45	Hida, Noriochi	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
9	26	Georgi, Jorgen	Jpn	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
10	20	Zeljko, Josip	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
11	22	Lentini, Marcus	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
12	25	Thierry, David	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
13	26	Smith, Edward	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
14	24	Perez, J. Valente	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
15	29	Carney, John-Luc	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
16	30	Jacobs, Andreas	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
17	4	Chambers, Phillipa	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
18	7	Long, Warren	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
19	21	Shay, John	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
20	23	Smith, Daniel	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
21	27	Williams, Philippe	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
22	31	Domingo, Antonio	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
23	28	Morris, Andrew	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
24	32	Salter, Miguel	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
25	33	Aldana, Wilson	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
26	34	Hernandez-Sik	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
27	35	Wheeler, Daniel	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
28	36	Carney, John-Luc	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
29	37	Long, Warren	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
30	38	Shay, John	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
31	39	Smith, Daniel	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
32	40	Williams, Philippe	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
33	41	Domingo, Antonio	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
34	35	Morris, Andrew	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
35	36	Salter, Miguel	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
36	37	Aldana, Wilson	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
37	38	Hernandez-Sik	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
38	39	Carney, John-Luc	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
39	40	Long, Warren	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
40	41	Shay, John	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
41	42	Smith, Daniel	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
42	43	Williams, Philippe	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
43	44	Domingo, Antonio	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
44	45	Morris, Andrew	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
45	46	Salter, Miguel	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900
46	47	Aldana, Wilson	Chi	9.60	9.60	9.60	9.60	9.60	9.60	98.40	80.500	118.900

Men's Team Final Results

Preliminary Performance

July 30, 1994

Rank	City	Floor	S. Bars	Rings	Vault	Pel. B	Hop. B	Compu. Option	Option	Total
1	USA	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.10	811.40
2	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
3	Jpn	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
4	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
5	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
6	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
7	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
8	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
9	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
10	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
11	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
12	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
13	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
14	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
15	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
16	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
17	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
18	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
19	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
20	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
21	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
22	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
23	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
24	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
25	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
26	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
27	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
28	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
29	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
30	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
31	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
32	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
33	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
34	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
35	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
36	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
37	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
38	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
39	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
40	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
41	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
42	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
43	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
44	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
45	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
46	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
47	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
48	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
49	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
50	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
51	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
52	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
53	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
54	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
55	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
56	Chi	9.60	9.60	9.60	9.60	9.60	9.60	200.00	204.60	810.60
57	Chi	9.60	9.60	9.60	9.60</					



Left: Li Ning of China (left) performs a complex and invisible signs splinter (famous Russian to American judges). This photo was taken right after the team final. (Courtesy photo © 2000 by Dave Barth for USA Gymnastics.)

Women's Compulsories

Women's compulsories must be judged in retrospect looking at them from the perspective of having seen the Romanian compete, too. At the time the American scores finished, there was chagrin on the faces of the gymnasts because of what they thought were low scores and anger in the voices of the coaches because of the judging. However, as it turned out the United States women's team finished compulsorily 0.15 behind the Romanians. Agiucu and Sohota were sent for first place but Weston, Johnson, McNamee and Kelly Johnson were close behind in 3rd, 4th and 5th positions. The American women had absolutely nothing to be ashamed of.

So who was the only gymnast to get a 10.0 on compulsories, she got it on floor exercise. In the American floor exercise, the scoring progression had gone steadily upward: 9.6, 9.7, 9.8, 9.9 and 9.95. Mary Lou's 9.95 could well have been a 10.0.

Confronting her floor routine she said: "I think it was the best floor routine I ever did. I raced with the crowd and played to the crowd and they reacted. I felt great out there."

"Did you expect an 10.0?"

"In a way, yeah, I did. I was up last and I think I deserved one."

The Chinese woman's coach substantiated this view when she commented: "It is my own opinion that there were several gymnasts who performed the same routine almost as perfectly as the Romanian girls did, but only one 10.0 was given. I think Mary Lou Weston should have been given a 10.0, but she did not get it."

Mary Lou got a 9.0 for her vault and again said it should have been a 10.0. "It was a good vault," she said. "It was high and long. Again it was the judging."



Yamaguchi (above) had a very strong performance during the team's floor exercise. (right) Photo (top) by David Basso for USA Gymnastics

McNamara pointed in a similar way to her 9.9 on bars. There was a long delay in the posting of that score. "I knew there was something funny going on," she said, "but when the scores came up, I had two 10.0's and two 9.9's, so I got a 9.9. I think I should have gotten a 10.0. I did the best bar routine I've ever done and I think the judging was a little low."

Gweneth Peirce said, "I think the girls performed very well today all of them particularly well on the balance beam."

Michele Dusserre, youngest member of the team, said, "I think I did the best bars and the best floor I've ever done in my life. I was a little shaky at being up first but I thought I did a really good job."

Pam Bileck, the most youngest girl, who was suffering from a stress fracture in her ankle, did what Peirce said was "a phenomenal floor routine" and got a 9.7. Of her ankle Bileck said, "In competition you don't feel it."

It was Tracey Tolonen's beam routine that had caused all the discussion about the scoring by the Romanian judge. In answer to a question about it, Tolonen said, "I felt I had a really good beam routine. I had a little trouble on my front walkover, but that was it. I felt it was undertrained quite a bit. That was partly because of my low up. I was second up and that didn't help at all. I felt good about my whole competition. It was the best Olympic competition I've had all year."

Women's Options

It was a heart-thumping, pulsing, moment as the United States women walked out in their spectacular stars and stripes leotards into applause and cheering unprecedented in this writer's experience. The Romanians—who had been given a similar greeting two days earlier—received only a muted ovation. It was obvious everyone was waiting for this big moment.

During the evening, the Chinese right across me had been there. Everyone's attention was focused on the American Romanians. In the end, the Romanians increased their 0.45 total to 1.15 and won the team competition.

Although the American women scored two tenths higher in their options score than in compulsories, Peirce said, "I don't

think we performed as our best tonight. Overall as a team, we have performed more consistently in the past. From what I saw over there tonight, it did not seem to be a night for perfect performances. All three teams had errors as the competition went on. That sometimes happens in a very close meet where there's a lot of pressure. Going in 0.45 behind the Romanians was very close. We were feeling the pressure. I think they were feeling it. Consequently, there were little mental errors that were made on both sides."

"The Romanians won, from what I could see, they deserved to win. They're the gold medal team; I value them as far as our silver medal, that was a first for us—to win the silver medal in the Olympic Games or in any World Championships. It's also the first time we've ever beaten the Chinese in world team competition and we're very happy about that."

"We're very proud that an American gymnast (Mary Lou) won first place in the all-around competition. McNamara is tied for third, Johnson is in sixth so we're in good shape for the all-around final," Peirce said.

The standing of the American team came on balance beam medals and one major break resulted in a 47.95 score as team compared to the Romanians' 49.80. After the beam event, 4th position, the US was down 1.75 altogether to the Romanians. There was not much chance of overtaking such a dominant tape. However, the US made up 10 on floor and a big 9.90 on vault to end up 1.15 points behind the Romanians.

Johnson summed it up when she said, "The silver medal is very special. When we started talking about the medals and medals ago, that was our dream, silver medal, definitely a medal—gold, silver or bronze. So in the next few days, it's going to mean even more for us to have won the team silver medal in the Olympic Games."

"There were some real highlights for us in the performances. There were 10s, and the vault. Mary Lou has been working so hard for so long, that she's been training so hard for it was almost as exciting for me as it was for her. Tracey's vault. You know, we had good things on every single event. This is a super bunch of girls, and I couldn't be happier with my performance."



Julianna McNamara won a gold medal for her stellar performance on the uneven parallel bars. Tying her for a gold was China's Ma Yanhong.
(SSP photo © 1984 Diane Black)

Burt Conner the old man of the USA men's team fulfilled his gymnastics dreams by taking the gold in the parallel bars. On his final routine Conner received a perfect score. (I.S.G.F. photo - 1984 Dave Black).



Women's all-around

For competitors, Simon trailed Apache and Stabo by 6 hundredths of a point: 59.90 to 59.94. During options, Mary Lou maintained her consistency of performance and scored 9.31. However, Stabo dropped back to 9.20 having had two falls in her bars routine and a fall on landing, resulting in a 9.30 on that event. The average of 9.33 in Mary Lou's favor gave her a lead over both competitors of .30, which would be averaged as 0.15 going into the all-around.

In the all-around competition, the attention of the spectators was concentrated on the real battle in hand, and a very exciting one it was, too, since Mary Lou started out in front, dropped back to even, then behind, then slightly ahead and then decidedly ahead.

Mary Lou lost her 0.5 lead going in when she scored 9.85 on bars and Stabo scored 10.0 on beam; then another 0.5 with her 9.8 on beam to Stabo's 9.91 on floor. By now, there had been a swing of 0.50 and Mary Lou was 0.11 behind. However, her strongest events were floor and vault. They were ahead of her and she was determined to get 10.00 on each.

Stabo performed first and got 9.93 on vault. This score opened the door slightly for Mary Lou and she took full advantage of the opportunity. She thrilled the crowd with her layout double back, automatically opening arms, her fall on back, a second pass and her third double back somersault, a double back. In between, there was her very fluid dance routine, choreographed for her by Gina Kordly's former associate, Gina Poirier, who had choreographed Nadia's routines. Her routine was not perfect but was definitely superior to other floor routines that had scored 9.91 or 9.95, so she received 10.0. This gain of 0.1 moved her up to within 0.03 of Stabo.

Again Stabo was first up and scored 9.91 on her bars routine, having suffered a 0.10 deduction for stepping back on her dismount. Her final score was 79.125. After those routines, Mary Lou stood at 69.175. A 9.95 on her final event would let Stabo,

(Continued on page 28)



The women's team competing in balance beam competition after they received a 10.0 for their uneven parallel bars routine. Left: Judy Johnson, center through with a dismount in the balance beam competition. (COURTESY
Foto by Diane Shugar/Mary Peltz)

1984 Olympic Results

Research at Arnold Plant House

Prepared exclusively for

— 1 —

Row	No.	Name	City	Street	Unit	Bld.	Beam	Floor	First	Print	Total
Affile: 45	Injured, unable to continue										
1	100	Bartow, Mary Lou	USA	50-60	888		888		888		888
2	101	Bartow, Mary Lou	USA	50-60	888		888		888		888
3	102	Beale, Dorothy	USA	50-60	888		888		888		888
4	103	Beale, Dorothy	USA	50-60	888		888		888		888
5	104	McKinnon, Judene	USA	50-60	100		100		100		100
6	105	Oliver, Linda	USA	50-60	888		888		888		888
7	106	Mo, Karkang	USA	50-60	888		888		888		888
8	107	Zhou, Yingqin	USA	50-60	888		888		888		888
9	108	Oliver, Linda	USA	50-60	888		888		888		888
10	109	Johnson, Kathy	USA	50-60	888		888		888		888
11	110	Johnson, Kathy	USA	50-60	888		888		888		888
12	111	Wilson, Arja	USA	50-60	888		888		888		888
13	112	Whitmore, Connie	USA	50-60	888		888		888		888
14	113	Thomas, Andrea	USA	50-60	888		888		888		888
15	114	Miyata, Leann	USA	50-60	888		888		888		888
16	115	Mecham, Norka	USA	50-60	888		888		888		888
17	116	Miller, Arja	USA	50-60	888		888		888		888
18	117	Ogata, Cyndee	USA	50-60	888		888		888		888
19	118	Reed, Natalie	USA	50-60	888		888		888		888
20	119	Rodriguez, Linda	USA	50-60	888		888		888		888
21	120	Moros, Arja-Chelsy	USA	50-60	888		888		888		888
22	121	Hernandez, Amelita	USA	50-60	888		888		888		888
23	122	Reed, Natalie	USA	50-60	888		888		888		888
24	123	Lilienfeld, Gina	USA	50-60	888		888		888		888
25	124	Williams, Kathleen	USA	50-60	888		888		888		888
26	125	Angelo, Maria	USA	50-60	888		888		888		888
27	126	Papadopoulos, Tatiana	USA	50-60	888		888		888		888
28	127	Reed, Natalie	USA	50-60	888		888		888		888
29	128	Santos, Marisa	USA	50-60	888		888		888		888
30	129	Lee, Jennifer	USA	50-60	888		888		888		888
31	130	Gallion, P. Nancy	USA	50-60	888		888		888		888
32	131	Hausmann, Corinne	USA	50-60	888		888		888		888
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132	231	Hausmann, Corinne	USA	50-60	888		888		888		888
133	232	Hausmann, Corinne	USA	50-60	888		888		888		888
134	233	Hausmann, Corinne	USA	50-60	888		888		888		888

Wavelength Tuning Function

Present Time

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RANK	COUNTRY	RESULT	UNITS	SEASON	FLOOR	COMPUL	OPTION	TOTAL
1	ROM	45.20	45.20	45.20	45.20	150.15	150.15	350.30
2	USA	45.15	45.15	45.15	45.15	150.10	150.10	350.25
3	CHE	45.10	45.10	45.10	45.10	150.05	150.05	350.20
4	FRA	45.00	45.00	45.00	45.00	149.95	149.95	349.90
5	DAN	45.10	45.10	45.10	45.10	149.90	149.90	349.10
6	ESP	45.00	45.00	45.00	45.00	149.85	149.85	349.90
7	GBR	45.00	45.00	45.00	45.00	149.80	149.80	349.80
8	SUI	45.00	45.00	45.00	45.00	149.75	149.75	349.50
9	ESP	45.00	45.00	45.00	45.00	149.70	149.70	349.50

Winnipeg Regional Health Authority

1996-1997
1997-1998

- 1 -

Rank	Abbr	Name	City	Competitor	Options	Profit	Price	Total
1	NYC	New York City	NYC	Local	None	\$10.00	\$1000	\$10,000
2	CHI	Chicago, Illinois	CHI	Local	None	\$10.00	\$1000	\$10,000
3	ATL	Atlanta, Georgia	ATL	Local	None	\$10.00	\$1000	\$10,000
4	BAL	Baltimore, Maryland	BAL	Local	None	\$10.00	\$1000	\$10,000
5	PHL	Philadelphia, Pennsylvania	PHL	Local	None	\$10.00	\$1000	\$10,000
6	DET	Detroit, Michigan	DET	Local	None	\$10.00	\$1000	\$10,000
7	SAC	Sacramento, California	SAC	Local	None	\$10.00	\$1000	\$10,000
8	IND	Indianapolis, Indiana	IND	Local	None	\$10.00	\$1000	\$10,000
9	MIA	Miami, Florida	MIA	Local	None	\$10.00	\$1000	\$10,000
10	STL	St. Louis, Missouri	STL	Local	None	\$10.00	\$1000	\$10,000
11	MEM	Memphis, Tennessee	MEM	Local	None	\$10.00	\$1000	\$10,000
12	PHO	Phoenix, Arizona	PHO	Local	None	\$10.00	\$1000	\$10,000
13	LAS	Las Vegas, Nevada	LAS	Local	None	\$10.00	\$1000	\$10,000
14	ORL	Orlando, Florida	ORL	Local	None	\$10.00	\$1000	\$10,000
15	CGO	Chicago, Illinois	CGO	Local	None	\$10.00	\$1000	\$10,000

Microsoft Dynamics Business Data Services

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Rank	Abbr.	Name	City	Competitor	Option	Prohibit	Penal	Total
1	PA	All Weather Engineering	Oron	\$100	18.00	10.00	10.00	10.00
2	MS	Mathewson Associates	USA	\$100	18.00	10.00	10.00	10.00
3	MD	Mathews, Many Sons	USA	\$100	18.00	10.00	10.00	10.00
4	MI	McGraw-Hill	Minneapolis	None	17.00	10.00	10.00	10.00
5	NC	McGraw-Hill	Raleigh	None	17.00	10.00	10.00	10.00
6	VA	McGraw-Hill	Richmond	None	17.00	10.00	10.00	10.00
7	CA	McGraw-Hill	Sacramento	None	17.00	10.00	10.00	10.00
8	IL	McGraw-Hill	Chicago	None	17.00	10.00	10.00	10.00
9	NY	McGraw-Hill	New York	None	17.00	10.00	10.00	10.00
10	WA	McGraw-Hill	Seattle	None	17.00	10.00	10.00	10.00

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1996-1997
Yearbook

Person ID	Name	City	Gender	Option	Profile	Final	Total
1-04	Pearce, Elizabeth	Han	Female	1000	1000	1000	1000
1-05	Porter, Elizabeth	Flor	Female	1000	1000	1000	1000
1-06	Porter, Elizabeth	Flor	Female	1000	1000	1000	1000
4-000	Porter, Mary Ann	USA	Female	1000	1000	1000	1000
2-00	Ma, Yvonne	Chi	Female	1000	1000	1000	1000
2-000	Krebs, Heidi	Sin	Female	1000	1000	1000	1000
4-000	Porter, Anna	Flor	Female	1000	1000	1000	1000
1-000	Porter, Anna	Flor	Female	1000	1000	1000	1000

www.ijerph.com

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(From page 26)

10.0 would win her an Olympic gold medal. Fortunately for Mary Lou, this final event was omitted and she was not to be denied.

She put her head down and ran at the mat with all the unchained strength she could muster, her split-sprint legs propelling her faster and faster. She struck the best board a solid blow with both feet, turned, pushed back off the home and flew off into her layout back somersault with a full twist. High up and far out she flew and then a crack, her landing unslighted by the floor. A whisker's width of 10.0 being inevitable, the crowd erupted into a deafening roaring cheering sound of sustained applause and Mary Lou knew she had it made. According to the rules she had to do a second vault, but the result was the same.

Her 10.0 gave her a 0.9% winning lead over Shabotov as she said, "I couldn't hold back, knowing my criterion. Neither could anybody else."

Women's Apparatus Finals

Floor Exercise

Li Ning, China

1. Full or back and regular back somersault
2. Double back pike somersault
3. Full—split
4. Split to Pommelball
5. Split somersault in front seats
6. Double back back somersault

Lee Yan, China

1. Double back layout somersault
2. Flipping side somersault in split off back handspring plus 1-3/4 side somersault to 1/4 turn to forward roll
3. Double-leg pike somersault
4. Double plus back somersault

Sobeyama, Kozi, Japan

1. Double back layout somersault
2. Double back layout somersault
3. Double side layout somersault
4. Double side layout somersault

Ventura, Philippe, France

1. Double back layout somersault
2. Handspring to layout front somersault
3. Back full
4. Full or back out double back somersault

Pommel

Li Ning, China

Jump into a straddle into back Moer (regular pike) back Moer to reverse layout back somersault, one from front seats, one from back seats with a pick up into regular layout. This is the most far-flung of all handstands.

Peter Vieman, USA

Back handspring somersault back Moer to reverse back Moer to intermediate pike into regular straddle back Moer (split back Moer intermediate snap). Four handstands (two pike, two back) between two front sections, pick up from regular circles to back Moers to back Moers (back Moers three times). See handstand diagram.

Ben Dugay, USA

Jump to two pointed circles, walk across pike to one back Moer in an intermediate back Moer (split back Moer), one legal reverse back Moer (one back Moer with a half circle) pike to a regular circle, pike to back Moer (split back Moer with a half circle) back Moer (split back Moer), one back Moer (split back Moer).

Rings

Guenther, Koji, Japan

Kip to pike, kip to straddle, kip to intermediate pike, last pike swing to handstand, 2. uneven partly to Pommelball, convert back to Harpa, front roll pivot to Pommelball, double-teasing couple-back somersault.

Li Ning, China

Hang pike into a German roll, to kip spring from arms to L, support, pirouette down to cross arms to an L, pirouette out and pivot to handspring and back handstand, three to giant, dismount to L-stand.

Mike Gaylord, USA

Up to pike, add two kips to another tail to measure roll support to an intermediate cross, kip by to L, off right arm to Pommelball, last a reverse roll in handstand, then back with back 1-1/2 out or right back somersault.

Vault

Li Ning, China

1. Handspring plus front pike
2. Handspring back with 1/4 turn

Li Ning, China

1. Layout Trouserless
2. Layout Trouserless full twist

Guenther, Koji, Japan

1. Handspring back front pike
2. Layout Trouserless

Mike Gaylord, USA

1. Layout Trouserless full twist
2. Handspring plus front pike

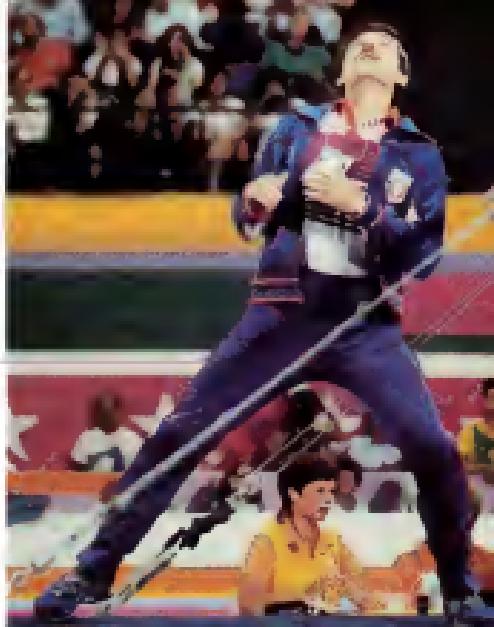
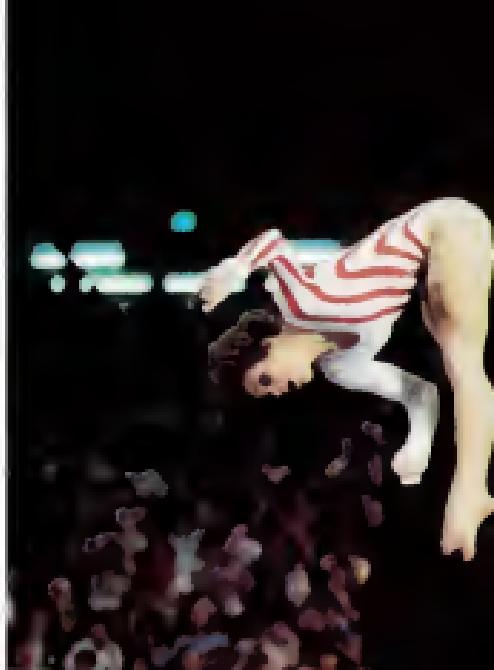
Michaux, Michel, Japan

1. Handspring back front pike
2. Layout Trouserless

George Mihnev (Opposite) does the triple back pike with a perfect 10.0 average (10.0% above 10.0) in his 1984 U.S. National Title Final (Photo: Jim Gandy).



Patriotic Leotards. U.S. Olympic Gymnastics Team. United States Gymnastics Federation
designs and manufactures its own leotards. Shown is Abby (Abigail) Scott (right) during training at Coach Tom Peters' conditioning center. (Photo credit: Michael J. Spero/USA Today)



*Peter Vianna,
Mary Lou Retton*



Lori Fung, of Canada, stole the show and the majority of the hearts in the crowd by winning the gold medal. (USGF photo © 1994 by Dave Black for Fuji Film, Inc.)

OH CANADA

Lori Fung Sets Standards for Rhythmic Olympic Initiation

By Mirella Stavroulis III

It was one of the most heartwarming events of the Olympics. Lori Fung of Canada upset the Romanians to win the gold medal. She had already begun to steal the hearts of an enthusiastic audience by her beautiful performances and her winning smile.

In the end, the gold medal winners became the skaters and acrobats set up by the powerful air conditioning system of Pauley Pavilion which was operating at full blast in the stadium heat to keep nearly 9,000 spectators comfortable.

Aura Dragan and Dolina Macalese, of Romania, had had their rhythmic initiation would around their bodies. The air currents had blown the light ribbons around and prevented them from having control of the ribbon at all times. However, while other girls bitciced on this event, Lori Fung prevailed. Her ribbon routine sparkled with nerve and daring. It was exquisitely choreographed and was performed without a single mistake. When she finished, the audience burst into applause and called her back to take a bow. It was then we realized she was making the show from the stadium.

She had started first and for third place with Regine Weber of West Germany and Maria Latorre of Spain. As expected, the Romanians were in the lead, but not by much. Lori Fung was at 18.99, while Dragan was 19.025 and Macalese was at 19.35.

After two events, Lori had moved ahead of Regine Weber and had third place all to herself, only 0.025 and 0.49 behind the Romanians.

The third rotation was especially exciting, and for two reasons. First, Aura Dragan had finally caught up with Lori Fung, but did not. Dragan dropped out of the running with her 9.23 but Lori Fung carried right up there with her 9.60. The second reason third rotation was exciting was that it contained the single most outstanding event of the evening—Macalese's

Final Results
Rhythmic Gymnastics Competition
Aug. 11, 1984

Rank	Name	Age	Score	Bell	Circle	Spiral	Results	Points	Total
1	Lori Fung, Can.	17	18.99	9.76	9.62	9.62	38.33	15.805	53.195
2	Aura Dragan, Rom.	19	19.025	9.76	9.62	9.62	38.33	15.755	53.780
3	Dolina Macalese, Rom.	19	19.35	9.76	9.72	9.72	39.20	15.400	54.750
4	Regine Weber, FRG	17	18.99	9.76	9.62	9.62	38.33	15.255	53.250
5	Maria Latorre, SPA	17	18.99	9.76	9.62	9.62	38.33	15.255	53.250
6	Christine Koenig, FRA	17	18.99	9.76	9.62	9.62	38.33	15.255	53.250
7	Denise Adams, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
8	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
9	Yvonne, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
10	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
11	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
12	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
13	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
14	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
15	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
16	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
17	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
18	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
19	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195
20	Monica, USA	17	18.99	9.62	9.62	9.62	38.20	15.200	53.195

clubs routine. It was full of super-complicated elements and was performed with flawless execution. The crowd gasped as she threw and caught her clubs without the slightest hesitation even as she caught them behind her back or in the middle of some more acrobatic maneuver. Her body flexibility was incredible and her mastery of this difficult and uncompromising event was complete. If she had continued to perform this way, the gold medal would easily have been hers.

However, in fourth routine, she too had trouble controlling the clubs, got tangled up in them two or three times and received 9.25. Considering that she'd had dual score and two runs after three rotations, this needed only 9.65 to be beyond 9.70 to win. Having already finished the treacherous ribbon routine, Ron had only four bars remaining left—not a sufficient challenge for one so gifted. She performed it without any errors and scored 9.70. Suddenly she was the winner.

What a lovely winner she was, this Canadian girl of Chinese extraction from Vancouver. She had a broad smile and an open personality that was irresistible. The crowd loved her.

Of course, the American audience also loved the American winner. Valerie Zerling and Michelle Krentel. The first ever Olympic competition in rhythmic gymnastics was especially important for the United States, as the country received international exposure to boost the sport. The United States was fortunate, therefore, at having two such attractive and talented gymnasts for this event.

At the conclusion of preliminary, Zerling and Krentel stood 12th and 17th respectively out of 35 competitors. After finals they moved 11th and 14th out of 26 competitors. Both gymnasts scored between 9.30 and 9.55 in duals but had lower scores in preliminaries.

On the first day, Zerling started competition with a 9.25 for ball but went on to a 9.85 for a super routine with clubs. It is an unbelievably free routine to the music of "Don't take my coat" and it really roused the crowd. Zerling said later, "I thought with my club routine, I made all my difficult parts."

Krentel had to start with ribbon, a difficult start because of the air conditioning, but she caught all of her difficult moves, had one small error and scored 9.25. However, in her second event, she missed a hoop catch and in spite of an otherwise brilliant routine had to settle for a 9.0.

On the second day, Zerling, scored 9.35 for a beautiful ribbon routine with appealing choreography. She missed catching the ribbon handle once; however, she had difficulty with her hoop routine and had problems that are uncharacteristic of her, since it is her best event. She went off the mat three times and received 8.85.

Krentel's first event of the second day, was ball. She dropped the ball once but otherwise had a very crowd appealing routine for 9.10 ending like a very low score. In clubs, she dropped the apparatus three times and scored 8.85.

The problems of the first two days were caused undoubtedly by the excessively high pressure on them—two American girls, the only two performing before an American crowd of 9,000 and in an International competition. There was pressure also from the great success of the artistic gymnasts. People were expecting them to do the same. However, the preliminaries over several days helped to ease the pressure. Both American gymnasts made finals and both did well there. Zerling ended scores of 9.55, 9.45, 9.30 and 9.40 while Krentel had 9.35, 9.35, 9.40 and 9.40.

The two American rhythmic gymnasts thus gave a good account of themselves in the first Olympic competition. They were the pioneers, they showed there is a place in gymnastics for those who do not think of themselves as suited for vault, bars, beam or acrobatic tumbling.

This rhythmic gymnastics is a beautiful sport was devised started by a group finale to each evening performed by gymnasts from the Los Angeles School of Gymnastics. The group routine was originally choreographed by Olympic Coach Alia Strickland and included two solo by Marisa Krasovsky one with clubs and one with two ribbons (ribbon sold by Elizabeth Hall) and a hoop solo by Saeng Rue Hong.

Now that America has moved up to the top in artistic gymnastics after many years in also-ran, we can look forward to similar progress in the other branch of the sport if it gets the support our rhythmic gymnasts have shown they deserve.



SAENG RUE HONG, American rhythmic gymnast, performing her hoop routine during the 1980 Summer Olympics. (Courtesy of Bobbie Jo Johnson, photo agent) Taking the silver medal (1980) was Valerie Zerling, shown above during her club routine.





Michelle Kwan's final "comeback" moment during the Olympics that deserved to finish fifth for the USA. (Right) Adrienne Desjardins of Canada (USAF photo © 1994 by Dean Black for FIFT Film, Inc.)





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UNITED STATES GYMNASTICS FEDERATION
SCHEDULE OF EVENTS
 (Dates & Events subject to change or cancellation)
 July 1984 — December 1984

SEPTEMBER 1984

29-30: 19th Int'l Gymnastics Competition, Shirley Hills, In City of London

OCTOBER 1984

1-13: 1984 Training Camp, Colorado Springs, CO

13: Sports Festival for 14 Year Old American Men in South Africa

21-26: American Championships in Rhythmic Gymnastics, Indianapolis, IN

NOVEMBER 1984

25-26: National Coaching Workshop (M) Colorado Springs, CO

26: Puma Challenge Cup (Wm's) Edmonton, Canada

26-29: North African Cup, Durban & Pietermaritzburg, South Africa

17: Mr. International Cup, Royal City, BC

17-24: Inter-Junior World Cup, Colorado Springs, CO

24-30: José Joaquín Vives Cup, Colorado Springs, CO

29: Deaf Pacific Masters International Competition, San Francisco, CA

DECEMBER 1984

1-8: 1st Junior Men's Dev. Colorado Springs, CO

7-9: DTF Polar Cup (Wm's) Stuttgart, Germany

24-Jan.: Junior Men's National Trials, Colorado Springs, CO

2-4: Tassanee TBA — To be announced

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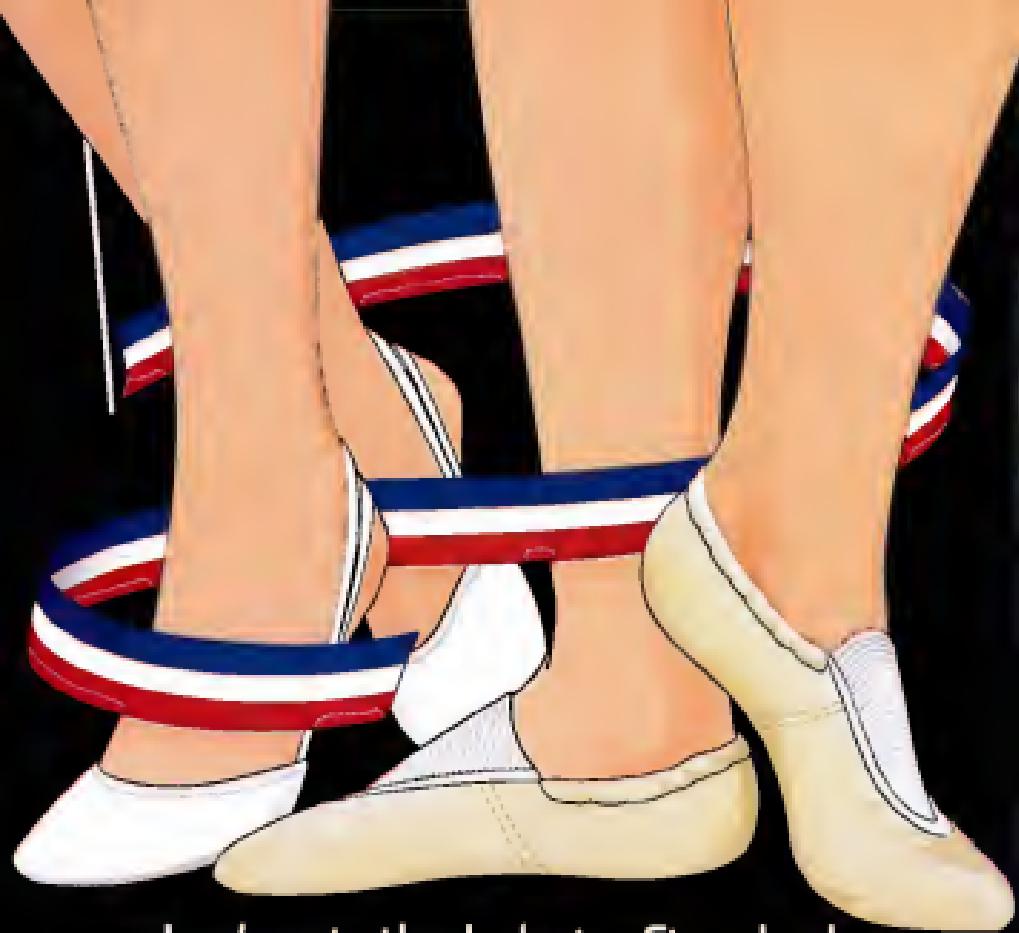
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